

SAF Operative Chart

(Endocrine Sense Channels)

FEAR LOVE

SAF #	Action	Condition	Organ/Gland	Emotion	Low Emotion	High Emotion
1	Against	Protection	Thymus	Aggression	Reaction	Action
2	Run	Synchronize	Heart	Love	Deny	Accept
3	Contain	Detoxify	Colon	Hate	Failed	Achieve
4	Dissolve	Digestion	Stomach	Happy	Eaten	Assimilate
5	Direct	Coordinate	Anterior Pituitary	Observant	Controlled	Master
6	Keep	Transmutate	Liver	Sadness	Aged	Rejuvenate
7	Exchange	Vaporization	Lungs	Monotony	Stifled	Refresh
8	Attract	Reproduce	Sex organ	Apathy	Separated	Create
9	Hold	Locomotion	Bones muscles	Pain	Blamed	Respond
10	Action	Metabolization	Thyroid	Anxiety	Criminal	Justice
11	Move	Circulation	Vein arteries	Resentment	Gravity	Games
12	Time	Electricity	Brain/nervous system	Nervous	Complicated	Simplify
13	Pressure	Capacitance	Adrenal glands	Courage	Shame	Pride
14	Space	Analyze	Mind	Wonder	Unknown	Serenity
15	Result	Evaluation	Hypothalamus/Senses	Attention	Inhibited	Communicate
16	Refuse	Filtration	Kidneys bladder	Fear	Poisoned	Purify
17-18	Coordinate	Equalize	Endocrine System	Conservative	Perverted	Balance
19	Push	Demarcate	Skin	Boredom	Lost	Win
20	Quality	Location	Pancreas-solar plexus	Laughter	Suppressed	Express
21	Quantity	Hydrolyze	Posterior Pituitary	Grief	Stuck	Free
22	Have	Experience	Parathyroid	Anger	Solid	Dissect
23	Do	Rejection	Spleen	Antagonize	Regret	Appreciate
24	Be	Accept	Lymph	Enthusiasm	Mystery	Understanding

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specific seq.
of how organs
react to trauma

we need to express energy
when we don't energy slows down & becomes "matter"

Spirit function
vs.
shadow function } aging